

# Support Community Agriculture

A community-supported agriculture (CSA) harvest subscription program is a way for consumers to buy local, seasonal produce, meats and goods directly from a farmer. Subscribers are considered shareholders and prepay for a “share” of the farmer’s goods for a period of time, generally one delivery per week for 14 to 20 or more weeks. Costs vary, depending on size, products and the number of deliveries. Shares are typically delivered to a pickup site, and CSA farms often have special opportunities for on-farm activities, weekly newsletters and recipes.

There are many types of CSA sizes and offerings. Because members prepay for shares, CSAs offer stability for farmers and allows them to plan crops and respond to unexpected weather conditions, if needed. The shared risk between member and farmer is what creates a sense of community and a stronger connection to the farm.

During this time of year subscriptions are filling up quickly so be sure to do your research and find the CSA that works well for you. Here is some practical advice as a CSA subscriber:

**Respect your farmer and pickup spot:** Map out the pickup location in advance and treat the pickup site like your home. Often sites are private driveways so be sure to avoid driving on grass, blocking the driveway, double parking or littering. If you can’t pick up, send a friend or relative in your place.

**Bring your own bags:** Some CSAs pack shares in returnable bags/boxes; others allow shareholders to select their own items so it is good practice to bring reusable bags.

**Get to know your farmer:** Make sure both all parties have the correct contact information to receive weekly emails with lots of valuable information, and sometimes recipes. Feel free to ask questions!

**Be prepared for abundance:** At the beginning of your first CSA season, you may be overwhelmed with the bounty of your share. Look forward to quantities and varieties of produce that may be new to you.

*The CSAs listed here support Edible Kentucky & Southern Indiana. If your CSA would like to be included in next year’s listing, email [am@ediblekentucky.com](mailto:am@ediblekentucky.com)*



## Ashbourne Farms

3810 Old Westport Rd.,  
La Grange, KY 40031

What: Regular and winter CSA; vegetables, herbs, berries, beef, pork, eggs  
Counties: Jefferson, Oldham

When: May–November; pickup at Ashbourne Farms and multiple locations in Oldham County and Louisville

Counties: Jefferson, Oldham

Contact: Cathy Shepherd, [info@ashbournefarms.com](mailto:info@ashbournefarms.com), 502-222-0602

[AshbourneFarms.com](http://AshbourneFarms.com)



## Barr Farms Customizable CSA

2440 Popham Road, Rhodelia, KY 40161

What: Customizable farm shares for both veggies and meats. Certified organic vegetables, some fruits, 100% grass-fed beef, pastured chicken and pastured pork.

Counties served: Jefferson, Hardin, Meade, Breckinridge

When: Home delivery or pickup locations Tuesdays & Saturdays. Tuesdays at Phoenix Hill Nulu Market. Saturdays at Douglass Loop Farmers’ Market and all Rainbow Blossom locations. CSA flexible with travel schedules.

Counties served: Jefferson, Hardin, Meade, Breckinridge

Contact: Adam Barr or Rae Strobel: [farmer@barrfarmsky.com](mailto:farmer@barrfarmsky.com); 859-608-6458

[BarrFarmsKY.com](http://BarrFarmsKY.com)



## Blooms of Bourbon County CSA

393 Thomas Road, Paris, KY 40361

What: CSA Full Share or Half Share with customizable options. Vegetables, fruits, herbs, flowers, and eggs. All raised with organic farming practices.

When: late May/early June running through September/October - 20 weeks.

## Sustainable Harvest Farm

108 Pistol Creek Rd., London, KY 40741

What: USDA Certified Organic Fully Customizable Farm/CSA Share KY Proud vegetables & fruits;

When: Typically May–October, multiple pickup locations in Lexington and north-central KY

Where: CSA shares may be picked up at the Winchester Clark County Farmers Market on Saturdays beginning the second Saturday in May. Arrangements may be made to pick up here at the farm.

Shares are delivered every Wednesday to Lexington: Drop off in Downtown, the Chevy Chase area neighborhood - front door service, Fritz Farm at the Summit- parking lot pick up and the Rosemont Baptist Church parking lot pick up.

Counties Served: Bourbon, Clark and Fayette - open to others

Contact: Cindy Smith: [cindyflowers@gmail.com](mailto:cindyflowers@gmail.com); 859-707-4447

[BloomsofBC.com](http://BloomsofBC.com)



## Coulter's Good Earth Farm

8012 Bloomfield Rd., Bloomfield, KY 40008

What: A wide selection of sustainably grown vegetables, fruit, and farm products as a part of our CSA.

When: Market CSA options are available for Jefferson County in conjunction with the St. Matthew's Farmers Market. Main season CSA begins in May and ends with our Fall/Winter CSA in December.

Counties Served: Jefferson and Nelson

Contact: Chris or Amy Coulter: [goodearthfarm@yahoo.com](mailto:goodearthfarm@yahoo.com); 502-221-0172

[CoulterFarm.com](http://CoulterFarm.com)



## Elmwood Stock Farm

3520 Paris Rd., Georgetown, KY 40324

What: Certified organic vegetables, eggs, chicken, pork, turkey and grass-fed beef and lamb customized by you each week to only get what you want

When: Home Delivery! Tuesday on-farm at Elmwood, Thursdays West 6th NULU and Rainbow Blossom in Louisville, multiple locations in Lexington, Frankfort, Midway, Versailles and Georgetown.

Counties: Fayette, Franklin, Jefferson, Scott, Woodford, Northern KY, Cincinnati OH

Contact: Ann Stone: [ElmwoodOrders@gmail.com](mailto:ElmwoodOrders@gmail.com); 859-621-0755

[ElmwoodStockFarm.com/csa/](http://ElmwoodStockFarm.com/csa/)



## Faul Family Riverside Farm Meat Subscription Service

4845 Sulphur Rd, Sulphur, KY 40070

What: Monthly or bi-weekly meat subscription featuring 5 different meat boxes: small, medium and large boxes featuring pasture-raised chicken, pastured & grass-fed pork, grass-finished beef. Chicken only & pork only boxes also available. Product add-ons available. We will work with you to customize your box.

When: Free home delivery to your doorstep. Orders outside our delivery range ship free with UPS Ground.

Counties Served: All of KY, IN and OH

Contact: Andre Faul: [riversidefarmky@gmail.com](mailto:riversidefarmky@gmail.com); 502-641-2641

[FaulRiversideKy.com](http://FaulRiversideKy.com)

## FIELD DAY FAMILY FARM



### Field Day Family Farm

201 Bullitt Ln., Louisville, KY 40222

What: Each box is filled with farmer- and restaurateur-curated seasonal vegetables and herbs, and occasionally dried beans. Weekly emails offer suggestions for making the most of share. Regular, extended and super CSAs available.

When: Highlands, Crescent Hill and farm (Hikes Point area) on Tuesdays 5–8pm

County: Jefferson

Contact: Ivor Chodkowski: [ivorachodkowski@gmail.com](mailto:ivorachodkowski@gmail.com); 502-608-9190

[FieldDayFamilyFarm.us](http://FieldDayFamilyFarm.us)



## Groce Family Farm Meat CSA

1513 E Carnes Mill Rd. English, IN 47118

What: Monthly shares of pork, chicken, beef and lamb or all-chicken shares. Multiple sizes, add ons, and more options.

When: One-month or six-month terms starting anytime  
Counties: Home delivery and drop sites available for Oldham/Jefferson, KY, and Clark/Floyd, IN

Contact: [info@grocefamilyfarm.com](mailto:info@grocefamilyfarm.com); 502-436-0311  
Purchase on website: [GroceFamilyFarm.com](http://GroceFamilyFarm.com)

## Swallow Rail Farm

2340 Conner Station Rd.,  
Simpsonville, KY 40067

What: Kentucky-grazed lamb, poultry and eggs

Counties: Shelby and Jefferson



## Lazy Eight Stock Farm

5012 Paint Lick Rd., Paint Lick, KY 40461

What: Customizable shares, certified organic vegetables, strawberries, herbs

When: Conveniently located pickup options in Lexington, Richmond, Berea and Danville

Counties: Fayette, Madison, Boyle

Contact: Bryce Baumann: [bryce@lazyeightstockfarm.com](mailto:bryce@lazyeightstockfarm.com); 859-661-1501; Carla Baumann: [carla@lazyeightstockfarm.com](mailto:carla@lazyeightstockfarm.com); 859-200-4831

[LazyEightStockFarm.com](http://LazyEightStockFarm.com)



## Rainbow Blossom

Four locations in

Louisville, one in New Albany, IN

What: certified organic fruits, vegetables.

When: Wednesdays at any of the 5 Rainbow Blossom locations

Counties: Jefferson KY, Floyd IN

Contact: [CSA@rainbowblossom.com](mailto:CSA@rainbowblossom.com)

[RainbowBlossom.com/csa](http://RainbowBlossom.com/csa)



## Rootbound Farm

1500 Halls Hill Rd. Crestwood, KY 40014

What: Customizable shares, certified organic vegetables, fruits, meats, and eggs. All organic and grown on our farm.

When: More than 25 pickup options to choose from in Louisville, Crestwood, Frankfort and Lexington

Counties: Jefferson, Oldham, Franklin, Fayette

Contact: Bree Pearsall:

[bree@rootboundfarm.com](mailto:bree@rootboundfarm.com); 859-433-2563

Signup and more info online at [RootboundFarm.com](http://RootboundFarm.com)



Contact: Jeneen Wiche,  
[JHWiche@gmail.com](mailto:JHWiche@gmail.com), 502-475-0998

[SwallowRailFarm.com](http://SwallowRailFarm.com)