



Savor Sage Garden Café's Buffalo Trace Bourbon Bread Pudding. Sage's chef combines their house-made oatmeal walnut bread with a custard of farm-fresh eggs, spices, caramel, and neighboring Buffalo Trace's 90 proof bourbon to make this delectable treat.

## Louisville Metro



### North End Café

1722 Frankfort Ave. &  
2116 Bardstown Road  
Louisville, KY; 502-896-8770  
[www.northendcafe.com](http://www.northendcafe.com)

Traditional meets modern eclectic cuisine at the North End Café. The menu highlights traditional items made with a health-conscious approach using the freshest seasonal ingredients available. Offering breakfast all day, plus lunch and dinner daily. Dine inside or on the patio. On- and off-site catering available.



### Wiltshire Pantry Bakery & Café

901 Barrett Avenue,  
Louisville, KY 40204

502-581-8561

[www.wiltshirepantry.com](http://www.wiltshirepantry.com)

Wiltshire Pantry Bakery and Café continues the tradition of fresh, local and inspired as we showcase a delicious range of soups, salads, sandwiches and baked delights. Hours: Tu-Fr 7am-3pm, Sa 8am-3pm, Su 9:30am-1:30pm.

### Harvest

624 E Market St,  
Louisville, KY 40202  
502-384-9090

[www.harvestlouisville.com](http://www.harvestlouisville.com)

Harvest welcomes Chefs Jeff Dailey and Ryan Smith offer expert culinary experience to the restaurant's mission of local and sustainable cuisine. With at least eighty percent of our food from farmers and growers which are within a 100-mile radius of the city. Open Tues-Sun dinner 5-10pm. Fr-Sun Brunch 10am-2:30pm.



### Blue Dog Bakery

2868 Frankfort Ave.  
Louisville, KY 40206  
502-899-9800

[www.bluedogbakeryandcafe.com](http://www.bluedogbakeryandcafe.com)

Located in the heart of Crescent Hill, Blue Dog Bakery offers a European-inspired café with a soup, salad and sandwich menu. World-class artisan bread and pastry, house-cured meats, Italian coffee and an impressive selection of beer and wine complement the ever-changing selections. Hours: bakery, Tu-Sa 7am-4pm; brunch/lunch 9am-2pm.



### Red Hog

Local Craft Butcher  
2622 Frankfort Ave.  
Louisville, KY 40206  
502-384-0795

[www.redhogartisanmeat.com](http://www.redhogartisanmeat.com)

From the owners of Blue Dog Bakery comes Louisville's first local craft butcher shop, featuring Red Hog pork, beef, lamb, and poultry. Available as fresh cuts, cooked or cured, in the butcher shop and on the cafe menu. Our meat comes from local farms committed to sustainable, humane, and ethical farming practices. Butcher shop open Tue-Sat 10am-6pm.



### Varanese

2106 Frankfort Ave.  
Louisville, KY 40206  
502-899-9904

[www.varanese.com](http://www.varanese.com)

Chef John Varanese believes that Louisville diners appreciate fresh ingredients prepared with a creative flair and a culturally diverse menu. Newly remodeled, this eclectic New American restaurant features spacious meeting rooms and year-round patio dining in a relaxed and stylish environment. Hours: Su-Th 5pm-11pm, F-Sa 5pm-midnight.

Our region's dynamic food scene is bursting with culinary talent. Our dining guide showcases these locally owned restaurants who strive to create a distinctive dining experience. Please support them with your dollars, and be sure to tell them you saw them in Edible!

**The Mayan Café**

813 E. Market St.  
Louisville, KY 40206  
502-566-0651



[www.themayan-cafe.com](http://www.themayan-cafe.com) MAYAN CAFÉ

The Mayan Cafe proudly serves the essential ingredients of Mayan cooking—dishes rich with smoked chilies, pumpkin seeds, lime, oil infusions and roasted meats. Our meat comes exclusively from local farms and we use as much sustainably grown local produce and cheese as is seasonally available. Hours: lunch M-F 11am-2:30pm; dinner M-Th 5-10pm; F-Sa 5-10:30pm. Reservations recommended.



**Mayan Street Food at Gravelly Brewing Co.**

514 Baxter Ave. Louisville KY 40204  
502.566.0651

[themayancafe.com/food-truck](http://themayancafe.com/food-truck)

A food truck brought to you by the owners of Mayan Cafe, Mayan Street Food is the exclusive food partner for Gravelly Brewing Co. Enjoy chef Bruce Ucan's tacos, salbutes & Mayan snacks all prepared with locally-sourced meats and veggies. Gravelly is the city's first music brewery, so there's always something new and exciting to see, drink and eat in this fun, casual space!



**Proof on Main**

702 W. Main St.  
Louisville, KY 40202  
502-217-6360

[www.proofonmain.com](http://www.proofonmain.com)

Located in downtown's 21c Museum Hotel, Proof on Main's menu is inspired by the culinary traditions of the American South. Through partnerships with Woodland Farm and other regional farmers and producers, the menu has become a showcase for the bounty of the Ohio River Valley. Serving breakfast, lunch and dinner.



**River House Restaurant and Raw Bar**

3015 River Road,  
Louisville, KY 40207 | 502-897-5000

[RiverHouseLou.com](http://RiverHouseLou.com)

Louisville's premier riverfront dining destination, River House features regional cuisine with a Southern flair and an emphasis on fresh seafood. Enjoy our 15-foot raw bar with assorted raw oysters, king crab, jumbo shrimp and more! Open daily for lunch and dinner. Sun-Thur 11am-11pm. Fri & Sat 11am-midnight.



**Levee at the River House**

3015 River Road, Suite B,  
Louisville, KY 40207

502-897-5000

[LeveeRestaurant.com](http://LeveeRestaurant.com)

Levee is the perfect spot to share a meal with family and friends, but also enjoy some choice river night life. We've got small plates to share, a robust cocktail menu, and live entertainment with some of Louisville's most exciting musicians and singers. Sun, Wed & Thur 4pm-Midnight. Fri & Sat 4pm-2am.



**Lilly's — A Kentucky Bistro**

1147 Bardstown Road |

Louisville, KY 40204 | 502-451-0447

[www.lillyslapeche.com](http://www.lillyslapeche.com)

For a casual yet upscale dining experience, Lilly's Bistro in the historic Highland Neighborhood exudes warmth and style. Fresh and seasonal ingredients inspire our New American Cuisine with an international flair from our local farmers. Enjoy a variety of small and large plates from our sustainable-farmed menu. Hours: lunch T-Sa 11am-3pm; dinner T-Sa 5-10pm.

**Volare Italian Ristorante**



2300 Frankfort Ave.  
Louisville, KY 40206  
502-894-4446

[www.volare-restaurant.com](http://www.volare-restaurant.com)

Volare restaurant serves modern Italian cuisine with Southern hospitality. Chef Josh Moore combines expert skills with his passion for using locally sourced and house-made products. Seasonal menu changes celebrate the harvest using produce grown on the Chef's 10-acre farm. Enjoy casual dinners in the lounge area or refined service in the wine library. Volare offers private dining and catering services. Hours: Su-Th 5-10pm, F-Sa 5-11pm.



**Ward 426**

426 Baxter Ave  
Louisville, KY 40204  
502-365-2505

[www.ward426.com](http://www.ward426.com)

Born out of a passion for exceptional food and gracious service, Ward 426 brings an easygoing elegance to one of Louisville's historic neighborhoods. Chef Shawn Ward and his team of culinary experts take Southern cuisine and elevate it to where it deserves to be by focusing on seasonal, local ingredients. Lunch Mon-Fri 11am-2:30pm; Dinner Mon-Thurs, Sun 5-10pm; Fri-Sat 5-11pm; Happy Hours Mon-Fri 4-6pm.



**Eiderdown**

983 Goss Avenue  
Louisville, KY 40217  
502-290-2390

[www.eiderdown-gtown.com](http://www.eiderdown-gtown.com)

Eiderdown's collaborative kitchen focuses on German cuisine with southern influence. House made sausages, pretzels and schnitzel are among the favorites. Twenty-one beers on tap boast a large selection of German and craft beer. Outdoor seating and private dining available. Hours: Tu–Th 4-10pm, Fr–Sa 4–11pm, Su 4–10pm.

**Mi Cocina on Fourth**



520 S 4th Street  
Louisville KY 40202  
502-315-0666

[www.miconcina4th.com](http://www.miconcina4th.com)

Looking for a lively environment, friendly service and delicious, authentic Mexican cuisine? Mi Concina on Fourth has it all, conveniently located seconds from 4th Street Live and other downtown attractions. Perfect for quick dining before a show, lunch with coworkers, or a celebration with friends. Mon-Fri 11am–10pm, Sat 12-11pm, closed Sunday.



**Ciao Ristorante**

1201 Payne Street  
Louisville, KY. 40204  
502-690-3532

[www.ciaolouisville.com/](http://www.ciaolouisville.com/)

Located in the Irish Hill neighborhood, Ciao features authentic Italian fare, that emphasizes on old world family recipes. Enjoy craft libations with a unique Italian wine list at our beautiful bar. Locally owned and operated. Hours: M–Th 11am-10pm, Fr-Sa 11am-2am, Closed Sun.



**Roc Restaurant**

1327 Bardstown Rd  
Louisville, KY 40204

502 459 7878

[www.rocrestaurant.com](http://www.rocrestaurant.com)

A chic Italian restaurant filled with high energy in the heart of "The Highlands." Rocco Cadolini brings authentic fresh pasta and seafood dishes from his hometown of Sorrento, Italy. Open for brunch, lunch and dinner. Private rooms available. Lunch Tue.-Fri. 11:30am-2:30pm. Dinner Tue.-Thur. 5-10pm. Fri. & Sat. 5-11pm. Sun. 11am-10pm. Closed Monday.

## Bluegrass Region



**Sage Garden  
Café at**

### Wilson Nurseries

3690 East-West Connector Rte 676  
Frankfort, KY 40601 | 502-352-2725

[www.wilsonnurseriesky.com/  
sage-garden-cafe/](http://www.wilsonnurseriesky.com/sage-garden-cafe/)

Garden meets table in this fresh, casual café serving seasonal and local fare with a regional flare. The garden inspired setting extends to a perfect patio outdoor dining space for you to enjoy the salads, soups, sandwiches and weekly creations. Hours: M-Fr 11am-5pm, Sa 9am-5pm, Su 10am-5pm.



### Heirloom - Midway

125 Main Street, Midway, KY  
859-846-5565

[www.heirloommidway.com](http://www.heirloommidway.com)

Heirloom, a mainstay in the Bluegrass restaurant scene, offers inventive modern cuisine prepared by chef Mark Wombles and team. Hours: lunch Tu-Sa 11:30am-2pm; dinner Tu-Sa 5:30pm-close.



### Coles 735 Main

735 E Main St.,  
Lexington, KY 40502  
859-266-9000

[www.coles735main.com](http://www.coles735main.com)

Passion. Artistry. Variety. Coles 735 Main gives visitors the chance to enjoy fine dining in an atmosphere both distinctive and relaxing. With locally-sourced ingredients, Executive Chef Cole Arimes' handcrafted artisan dishes, and one of the most unique wine programs in the Bluegrass, each experience is sure to be unforgettable. Open evenings, Monday-Saturday, closed Sunday.



### DV8 Kitchen

867 South Broadway, #140  
Lexington, 40504  
859-955-0DV8 (0388)

[www.dv8kitchen.com](http://www.dv8kitchen.com)

A fast-casual restaurant and bakery designed to deliver fresh, all natural, delicious food, while building relationships and second chance opportunities with our employees. Paramount to our success is our commitment to food quality and a customer service culture. Hours: Mon-Friday, 7am-3pm, Sat-Sun, 8am-3pm.



### Good Foods Co-op Cafe

455-D Southland Dr., Lexington, KY  
40503  
859.278.1813

[goodfoods@goodfoods.coop](mailto:goodfoods@goodfoods.coop)

Pull up a chair and fill up on foods that will nourish your body and soul, including; hot buffet entrees and sides, salad bar, deli salads, deli sandwiches, hot sandwiches, homemade soup, organic sushi, fresh juices, fruit smoothies, coffee, tea, espresso drinks, muffins, pastries, and made-from-scratch desserts. Cafe hours: 8am-9pm every day. Buffet Hours: Mon-Fri 11am-9pm. Sat-Sun: brunch 9am-3pm. Sat- Sun Dinner 3pm - 9pm.

## Southern Indiana



### Starlight Café

(Located at Huber's Orchard,  
Winery & Vineyards)

19816 Huber Road, Borden, IN 47106  
812-923-9463

[www.huberwinery.com](http://www.huberwinery.com)

Visit the Starlight Café at Huber's Orchard, Winery & Vineyards for a variety of sandwiches, appetizers, salads, and pizzas. Pair your meal with a glass or bottle

of Huber's award-winning wine, seasonal sangrias, or one of our craft cocktails. Business Hours: Mon-Sat 10am-6pm, Sun Noon-6pm. Café Hours: Mon-Sat 11am-5:30pm, Sun Noon-5:30pm.

### Portage House

117 E. Riverside Drive,  
Jeffersonville, IN 47129  
812-725-0435

[www.eatportagehouse.com](http://www.eatportagehouse.com)

Chef Skulas brings with him his experience of growing up in Northwest Ohio where he first fell in love with cooking under his mother's tutelage and later under James Beard Award-winner chef John Currence of City Grocery. Portage House aims to deliver locally-sourced Indiana meat and produce and fresh seafood. The menu concept is simple, approachable midwestern-fare. Selected for an OpenTable Diners' Choice award. Tues-Sat: Lunch 11am-2pm; Dinner 4-10pm.



### Adrienne and Co. Bakery Cafe

129 W. Court Ave.,  
Jeffersonville, IN 47130  
812-282-2665

133 E Market St,  
New Albany, IN 47150  
812-949-2334

[www.cakestoday.com](http://www.cakestoday.com)

Adrienne and Co. Bakery Cafe is the area's premier bakery for cakes, pastries, donuts, brownies, and much more. Try our scratch biscuits and gravy in the morning and our famous sandwiches on focaccia for lunch. Minutes from downtown Louisville. Jeffersonville hours: Mon-Wed, Friday, 7am-5:30pm, Thur (9 cent spaghetti night) 7am-8pm, Sat 8am-3pm, Sun 8am-1pm. New Albany hours: Tue-Fri 8am-2pm, Sat-Sun 8am-2pm. Closed Monday.



### Café on Meigs

425 Meigs Avenue  
Jeffersonville, Indiana 47130  
812-288-8515

[www.cafeonmeigs.com](http://www.cafeonmeigs.com)

Located in downtown Jeffersonville, this old home turned local eatery offers homemade soups, crisp salads and made-to-order sandwiches created using fresh ingredients and family recipes. Dine in/carry out with daily specials, lunch combos and box lunches available. M-F: 11am-5pm, Sa 11am-4pm.

Edible Louisville & the Bluegrass invites your restaurant to join the list of locally sourced restaurants participating in our Dining Guide.

For Louisville and Southern Indiana, contact  
Chef Meagan Jeanette at 502-819-7722.

For Bluegrass, contact  
Norma Taylor at 859-619-2774.

