

Coles 735 Main celebrates the art of dining with a never-changing menu driven by local ingredients and a passion for creativity. Featured is the chef's selection charcuterie board, crafted with house-cured or smoked meats sourced locally from trusted vendors such as Butler and Marksbury Farms. Every item is prepared with care, from the kitchen's handcrafted pastrami to the freshly pickled onions and cucumbers.

# **Bluegrass Region**



# Sage Garden Café at

#### **Wilson Nurseries**

3690 East-West Connector Rte 676 Frankfort, KY 40601 | 502-352-2725

# www.wilsonnurseriesky.com/ sage-garden-cafe/

Garden meets table in this fresh, casual café serving seasonal and local fare with a regional flare. The garden inspired setting extends to a perfect patio outdoor dining space for you to enjoy the salads, soups, sandwiches and weekly creations. Hours: M-Fr 11am-5pm, Sa 9am-5pm, Su 10am-5pm.



# **Heirloom - Midway**

125 Main Street, Midway, KY 859-846-5565

# www.heirloommidway.com

Heirloom, a mainstay in the Bluegrass restaurant scene, offers inventive modern cuisine prepared by chef Mark Wombles and team. Hours: lunch Tu-Sa 11:30am-2pm; dinner Tu-Sa 5:30pm-close.



### Coles 735 Main

735 E Main St., Lexington, KY 40502 859-266-9000

#### www.coles735main.com

Passion. Artistry. Variety. Coles 735 Main gives visitors the chance to enjoy fine dining in an atmosphere both distinctive and relaxing. With locally-sourced ingredients, Executive Chef Cole Arimes' handcrafted artisan dishes, and one of the most unique wine programs in the Bluegrass, each experience is sure to be unforgettable. Open evenings, Monday-Saturday, closed Sunday.



#### Lockbox

167 W Main Street Lexington, KY 40507 859.899.6860

# info@lockboxlex.com | LockBoxLex.com

Lockbox is committed to sourcing local, high-quality ingredients around the Bluegrass region. Led by executive chef Jonathan Searle, Lockbox uses thoughtful yet simple preparations and cooking techniques in a contemporary setting. Dinner: Mon-Thurs: 5:30-10pm, Fri-Sat: 5:30-11pm, Sun: 5:30-9pm. Breakfast: Mon-Fri: 7-10am, Sat-Sun: 7am-12pm. BAR: Sun-Thurs: 4pm-12am, Fri-Sat: 4pm-1am. Now open for lunch from 11-2pm.

# **Southern Indiana**



# Starlight Café

(Located at Huber's Orchard, Winery & Vineyards)

19816 Huber Road, Borden, IN 47106 812-923-9463

# www.huberwinery.com

Visit the Starlight Café at Huber's Orchard, Winery & Vineyards for a variety of sandwiches, appetizers, salads, and pizzas. Pair your meal with a glass or bottle of Huber's award-winning wine, seasonal sangrias, or one of our craft cocktails. Business Hours: Mon-Sat 10am-6pm, Sun Noon-6pm. Café Hours: Mon-Sat 11am-5:30pm, Sun Noon-5:30pm.

# **Portage House**

117 E. Riverside Drive. Jeffersonville, IN 47129 812-725-0435



### www.eatportagehouse.com

Chef Skulas brings with him his experience of growing up in Northwest Ohio where he first fell in love with cooking under his mother's tutelage and later under James Beard Award-winner chef John Currence of City Grocery. Portage House aims to deliver locally-sourced Indiana



meat and produce and fresh seafood. The menu concept is simple, approachable midwestern-fare. Selected for an OpenTable Diners' Choice award. Tues-Sat: Lunch 11am-2pm; Dinner 4 -10pm.



# Co. Bakery Cafe

129 W. Court Ave., Jeffersonville, IN 47130 812-282-2665

133 E Market St, New Albany, IN 47150 812-949-2334

#### www.cakestoday.com

Adrienne and Co. Bakery Cafe is the area's premier bakery for cakes, pastries, donuts, brownies, and much more. Try our scratch biscuits and gravy in the morning and our famous sandwiches on focaccia for lunch. Minutes from downtown Louisville. Jeffersonville hours: Mon-Wed, Friday, 7am-5:30pm, Thur (9 cent spaghetti night) 7am-8pm, Sat 8am-3pm, Sun 8am-1pm. New Albany hours: Mon 6am-12pm, Tue 5am-12pm, Wed-Thur 5am-8pm, Fri 5am-9pm, Sat 6am-9pm, Sun 6am-12pm.

# **Louisville Metro**



# **North End Café**

1722 Frankfort Ave. & 2116 Bardstown Road Louisville, KY; 502-896-8770

### www.northendcafe.com

Traditional meets modern eclectic cuisine at the North End Café. The menu highlights traditional items made with a health-conscious approach using the freshest seasonal ingredients available. Offering breakfast all day, plus lunch and dinner daily. Dine inside or on the patio. On- and off-site catering available.

Wiltshire On Market

### **Wiltshire On Market**

636 East Market St.| Louisville, KY 40202 502-589-5224

### www.wiltshirepantry.com

Owner Susan Hershberg invites you to experience the creative cuisine of executive chef Jonathan Exum in an intimate restaurant environment. Menu changes weekly. Reservations encouraged. Unique event accommodations. Hours: Th and Su 5-10pm, F-Sa 5-11pm.

#### **Harvest**

624 E Market St, Louisville, KY 40202 502-384-9090



#### www.harvestlouisville.com

Harvest welcomes Chef Patrick Roney's broad culinary experience to the restaurant's mission of local and sustainable cuisine. With at least eighty percent of our food from farmers and growers which are within a 100-mile radius of the city. Open Tues-Sun dinner 5-10pm. Fr-Sun Brunch 10am-2:30pm.



# **Blue Dog Bakery**

2868 Frankfort Ave. Louisville, KY 40206 502-899-9800

# www.bluedogbakeryandcafe.com

Located in the heart of Crescent Hill, Blue Dog Bakery offers a European-inspired café with a soup, salad and sandwich menu. World-class artisan bread and pastry, house-cured meats, Italian coffee and an impressive selection of beer and wine complement the ever-changing selections. Hours: bakery, Tu-Sa 7am-4pm; brunch/ lunch 9am-2pm.



# **Red Hog**

Local Craft Butcher 2622 Frankfort Ave. Louisville, KY 40206 502-384-0795

#### www.redhogartisanmeat.com

From the owners of Blue Dog Bakery comes Louisville's first local craft butcher shop, featuring Red Hog pork, beef, lamb, and poultry. Available as fresh cuts, cooked or cured, in the butcher shop and on the cafe menu. Our meat comes from local farms committed to sustainable, humane, and ethical farming practices. Butcher shop open Tue-Sat 10am-6pm.



#### Varanese

2106 Frankfort Ave. Louisville, KY 40206 502-899-9904

# www.varanese.com

Chef John Varanese believes that Louisville diners appreciate fresh ingredients prepared with a creative flair and a culturally diverse menu. Newly remodeled, this eclectic New American restaurant features spacious meeting rooms and year-round patio dining in a relaxed and stylish environment. Hours: Su-Th 5pm-11pm, F-Sa 5pm-midnight.

# The Mayan Café

813 E. Market St. Louisville, KY 40206 502-566-0651



www.themayan-  $M \land V \land N$ cafe.com

The Mayan Cafe proudly serves the essential ingredients of Mayan cooking—dishes rich with smoked chilies, pumpkin seeds, lime, oil infusions and roasted meats. Our meat comes exclusively from local farms and we use as much sustainably grown local produce and cheese as is seasonally available. Hours: lunch M-F 11am-2:30pm; dinner M-Th 5-10pm; F-Sa 5-10:30pm. Reservations recommended.



# Isaac's Café at **Bernheim** Arboretum and

### Research Forest

Clermont, KY 40110 502-955-8512, ext. 181.

# bernheim.org/explore/isaacs-cafe/

Following Bernheim's vision of ecological stewardship, Isaac's Café at Bernheim features fresh salads, soups, sandwiches, children's meals, and delicious desserts using vegetables, herbs, and edible flowers from Bernheim's Edible Garden. We source other menu items—fresh eggs, cheese, breads, and meats—from local farmers. Café winter hours: 11am-2pm weekdays, 11am-3:30pm weekends. Closed Thanksqiving, Christmas Eve, Christmas Day and New Year's.



# Lilly's — A Kentucky

1147 Bardstown Road |

Louisville, KY 40204 | 502-451-0447

### www.lillyslapeche.com

For a casual yet upscale dining experience, Lilly's Bistro in the historic Highland Neighborhood exudes warmth and style. Fresh and seasonal ingredients inspire our New American Cuisine with an international flair from our local farmers. Enjoy a variety of small and large plates from our sustainable-farmed menu. Hours: lunch T-Sa 11am-3pm; dinner T-Sa 5-10pm.

#### **Volare Italian Ristorante**



2300 Frankfort Ave. Louisville, KY 40206 502-894-4446

# www.volare-restaurant.com

Volare restaurant serves modern Italian cuisine with Southern hospitality. Chef Josh Moore combines expert skills with his passion for using locally sourced and housemade products. Seasonal menu changes celebrate the harvest using produce grown on the Chef's 10-acre farm. Enjoy casual dinners in the lounge area or refined service in the wine library. Volare offers private dining and catering services. Hours: Su-Th 5-10pm, F-Sa 5-11pm.

### **Proof on Main**

702 W. Main St. Louisville, KY 40202 502-217-6360

#### www.proofonmain.com

Located in downtown's 21c Museum Hotel, Proof on Main's menu is inspired by the culinary traditions of the American South. Through partnerships with Woodland Farm and other regional farmers and producers, the menu has become a showcase for the bounty of the Ohio River Valley. Serving breakfast, lunch and dinner.

# **Cake Flour**

Glenview Pointe Shopping Center



2420 Lime Kiln Ln., Ste. C | 502-425-0130

#### CakeFlourBakery.com

We provide delicious goods of the highest quality, made from natural ingredients and prepared with care from scratch. In addition to offering the finest pastries and custom cakes, we serve breakfast and lunch, and offer catering options. Hours: Mon-Fri 7am-6pm, Sat 8am-3pm.



#### **Eiderdown**

983 Goss Avenue Louisville, KY 40217 502-290-2390

#### www.eiderdown-gtown.com

Eiderdown's collaborative kitchen focuses on German cuisine with southern influence. House made sausages, pretzels and schnitzel are among the favorites. Twenty-one beers on tap boast a large selection of German and craft beer. Outdoor seating and private dining available. Hours: Tu-Th 4-10pm, Fr-Sa 4-11pm, Su 4-10pm.



# **River House** and Raw Bar

3015 River Road, Louisville, KY 40207 | 502-897-5000

### RiverHouseLou.com

Louisville's premier riverfront dining destination, River House features regional cuisine with a Southern flair and an emphasis on fresh seafood. Enjoy our 15-foot raw

bar with assorted raw oysters, king crab, jumbo shrimp and more! Open daily for lunch and dinner. Sun-Thur 11am-11pm. Fri & Sat 11am-midnight.



# Levee at the **River House**

3015 River Road, Suite B, Louisville, KY 40207

502-897-5000

#### LeveeRestaurant.com

Levee is the perfect spot to share a meal with family and friends, but also enjoy some choice river night life. We've got small plates to share, a robust cocktail menu, and live entertainment with some of Louisville's most exciting musicians and singers. Sun, Wed & Thur 4pm-Midnight. Fri & Sat 4pm-2am.



#### **Ward 426**

426 Baxter Ave Louisville, KY 40204 502-365-2505

#### www.ward426.com

Born out of a passion for exceptional food and gracious service, Ward 426 brings an easygoing elegance to one of Louisville's historic neighborhoods. Chef Shawn Ward and his team of culinary experts take Southern cuisine and elevate it to where it deserves to be by focusing on seasonal, local ingredients. Lunch Mon-Fri 11am-2:30pm; Dinner Mon-Thurs, Sun 5-10pm; Fri-Sat 5-11pm; Happy Hours Mon-Fri 4-6pm.

#### Mi Cocina on Fourth



520 S 4th Street Louisville KY 40202 502-315-0666

# www.lacocinalouisville.com

Looking for a lively environment, friendly service and delicious, authentic Mexican cuisine? La Cocina de Mamá has it all, conveniently located seconds from 4th Street Live and other downtown attractions. Perfect for quick dining before a show, lunch with coworkers, or a celebration with friends. Mon-Fri 11am-10pm, Sat 12-11pm, closed Sunday.

**Edible Louisville & the Bluegrass** invites your restaurant to join the list of locally sourced restaurants participating in our Dining Guide. For Louisville and Southern Indiana, contact

Chef Meagan Jeanette at 502-819-7722. For Bluegrass, contact Norma Taylor at 859-619-2774.

# **Bluegrass Burgers**

3334 Frankfort Ave. Louisville, KY 40206 502-614-6567



# bluegrass-burgers.com

We are a quick casual, Louisville favorite family-owned restaurant with that 'diner feel.' Grilled to order local grass fed beef and bison, along with many other meat/ vegan options—all topped with fresh locally sourced produce, house made sauces, and salsas from our 'build your own' toppings bar. Pair it with our hand cut or sweet potato fries, home-made coleslaw or our very own seasoned potato chips. Hours Sunday-Thursday 11am-9pm and Friday and Saturday until 11am-10pm.



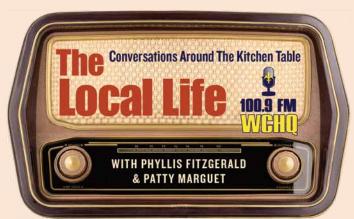
### **Ciao Ristorante**

1201 Payne Street Louisville, KY. 40204 502-690-3532

### www.ciaolouisville.com/

Located in the Irish Hill neighborhood, Ciao features authentic Italian fare, that emphasizes on old world family recipes. Enjoy craft libations with a unique Italian wine list at our beautiful bar. Locally owned and operated. Hours: M-Th 11am-10pm,Fr-Sa 11am-2am, Closed Sun.





Saturdays Ipm or online at crescenthillradio.com/the-local-life

WVLK 590 AM, Lexington Saturdays at 1 pm