



Three days in Kentucky. That's all it takes to discover that horses, bourbon and bluegrass are just the beginning. For sample itineraries and travel tips, visit [KentuckyTourism.com/weekend](http://KentuckyTourism.com/weekend).



# NO WEEKEND PLANS? TRY SOME OF OURS.







**Kentucky**  
UNBRIDLED SPIRIT

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# NO WEEKEND PLANS? TRY SOME OF OURS.



Looking for a new dining experience this weekend? Sample a taste of Kentucky's rich culinary heritage and innovative contemporary fare prepared by some of today's leading chefs. Louisville's growing culinary scene is garnering national and international acclaim. But there's also a culinary movement happening across the state that fuses our traditional fare with new and exciting cuisine from small towns to urban centers.

### FLAVORFUL TRADITIONS

Visit Winchester, home of beer cheese, a true Kentucky creation. The Beer Cheese Trail features eight stops, each with unique variations on the rich cheese spread made with sharp cheddar, garlic and spices along with the main ingredient, beer. While in town, stop by the Engine House Deli and Pub, located in an 1885 fire station, for entertaining live music and a blend of locally sourced food and craft beer, including the crowd favorite dessert, the bourbon brownie.

If you're still hungry for traditional fare, visit the Science Hill Inn in historic downtown Shelbyville, known for its fine Southern dining, including mouth-watering fried chicken, the Kentucky Hot Brown and the freshest Kentucky trout. At the James Beard award-winning Beaumont Inn in Harrodsburg, you can sample the famous yellow-legged fried chicken, a recipe passed down through five generations of family chefs, and corn pudding that is as light as it is decadent.

### FARM TO TABLE

Kentucky is rapidly becoming known for new restaurants practicing the principle of "farm to table" using only the freshest local ingredients for a slow food experience. One such place is The Red River Rockhouse in the heart of the Red River Gorge that serves fresh, organic meals with seasonal ingredients and has become a favorite of locals and hikers enjoying the nearby trails. Graze, located in the picturesque, rolling bluegrass farmlands outside Winchester, has a menu that changes daily and spotlights





meat from local farms, and other fresh ingredients from the surrounding area, including lamb chops and pork loin.

At Shaker Village of Pleasant Hill, you can dine on traditional favorites and seasonal dishes straight from the garden at the Trustees Dining Room or attend one of the many special events with guest celebrity chefs. In the heart of historic Georgetown is Local Feed, a popular establishment that prides itself on making delicious farm-to-table meals from scratch while also having a growing list of bourbons to sample. Freight House restaurant in Paducah offers up traditional favorites with new flair using only the freshest seasonal ingredients, including everything from pickled shrimp and braised pork shoulder to blackberry skillet cake with fresh vanilla ice cream, depending on the season.

### INNOVATIVE AND CONTEMPORARY

The 701 Fish House & Oyster Bar offers serious seafood in the landlocked town of Elizabethtown, serving creative dishes such as bourbon cream broiled oysters, country ham and pimento cheese hushpuppies in addition to an abundant raw bar. Top off dinner at the nearby Bourbon Barrel Tavern, with its selection of more than 90 bourbons.

At Lure Seafood and Grille in Owensboro, start with a course of deviled eggs made with bacon and bourbon and move on to the expertly prepared freshest catch of the day. Travel down the road a bit and make a stop at the restored Greyhound bus station at Paducah Beer Werks, where you find not only some of the finest craft beers, but also handmade foods in a contemporary and casual dining atmosphere. Menu items include a beer marinated chicken breast BLT and chicken wings in a variety of flavorful sauces and dry rubs.

a stop along the Brewgrass Trail. The Kentucky Wine and Art Destinations map provides information on local wineries, including the Brianza Gardens Winery in Grant County.

Kentucky is also home to large food festivals, including the Great Inland Seafood Festival (Newport), the International Bar-B-Que Festival (Owensboro), the World Chicken Festival (London) and the Kentucky Bourbon Festival (Bardstown).

Visit [Kentuckytourism.com/dining](http://Kentuckytourism.com/dining) to sample our culinary flavor!



### SIGNATURE DRINKS WITH A TWIST

Start with one of Kentucky's best known signatures, bourbon. Follow the Kentucky Bourbon Trail® or visit stops along the Kentucky Bourbon Trail® Craft Tour. And take in the nightlife along the Urban Bourbon Trail in Louisville. Discover Lexington's exciting and growing craft beer community at



### HOSPITABLE. HISTORIC. ICONIC. SHELBYVILLE AND SIMPSONVILLE

Claudia Sanders: Finger-licking-good™ fried chicken, country ham, farm-raised catfish, and yeast rolls from the Colonel's own recipes.

Science Hill: Enjoy a fresh remembrance of a home-cooked Sunday dinner.

Bell House: Fine dining, pre-theatre dinner or après-theatre dessert with wine or coffee.



Visit [ShelbyKy.com](http://ShelbyKy.com)  
502.633.6388

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## BASK IN OUR BOUNDLESS CHARMS 14 AFFORDABLE HOTELS

### Eclectic Dining Options

- Fine Dining
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- Seed to Feed – Dinner Series
- Nearby Wineries and Bourbon Distilleries

### Charming Attractions

- Kentucky Horse Park
- Old Friends Thoroughbred Retirement Farm
- Toyota Motor Manufacturing, KY, Inc. Tours
- Picturesque Downtown
- Harvest Trail
- Ward Hall
- Southern Lights at the Kentucky Horse Park



GeorgetownKy.com  
888.863.8600



## ASHLAND SHINES WITH GREAT LOCAL FOOD AND ENTERTAINMENT

Ashland is a destination for great food and entertainment.

Whatever your palate is craving, we have the selections to satisfy. Temptations range from home cooking to gourmet specialties like Appalachian spaghetti, southern barbeque, grilled burgers and steaks, pizza, and more. Foodies and music lovers flock to us and return often.



visitashlandky.com  
800.377.6249



## BEER CHEESE TRAIL AND REFRESHING ONE-OF-A-KIND EATERIES

Winchester's Beer Cheese Trail features eight restaurants, each with its own beer cheese recipe! Tour Hamon Haven Winery, Creative Coffees Roastery & Blackfish Bison Ranch. Experience our downtown cafés and coffee houses, dine overlooking the KY River or enjoy fresh selections served in a refurbished fire station.



tourwinchester.com  
800.298.9105





## BRIANZA GARDENS AND WINERY IS ONE OF GRANT COUNTY'S PREMIER EVENT VENUES.

Experience vineyards reminiscent of the Italian countryside, with formal gardens and beautiful walking trails. Enjoy an afternoon of wine tasting for two or a group. Open to the public Tuesday-Sunday for wine tasting or a picnic.

BrianzaGardensandWinery.com  
859.445.9369



## OCTOBER COURT DAY IN MT. STERLING!

Mt. Sterling welcomes thousands of people from across the country to Ky's oldest festival—October Court Days on October 14-17 in downtown. Visitors will find a variety of items to buy, sell or trade during this "ultimate shopping" four-day event.

Shop from hundreds of vendors and enjoy great food. Located on I-64 at Exit 110.



mtsterlingtourism.com  
859.498.8732



## REDISCOVER ELIZABETHTOWN

Getaway to Elizabethtown and experience something new this fall. From the beautiful drive surrounded by autumn leaves to rocking out in the downtown area, Etown offers something for every taste.

*For a full list of events, local cuisine options and shopping, visit or call:*

TourEtown.com/edibleville  
800.437.0092



## PLENTY OF PALATE PLEASERS TO SIP AND SAVOR

Take your palate on tour with Seed-to-Table Garden Fresh Dining, Signature Spirits, Southern Cuisine, Sweets & Treats, Foodie Favorite Festivals, Gardens and Greenhouses, and Locally Grown Goodness.

*Experience good tastes and culinary adventures!*

HarrodsburgKy.com  
800.355.9192

